



emerge
brighter



escape
journey

massage

Aloe Vera, Rum and Stone Massage

80 MIN

Our signature massage combines hot black beach stones, agave nectar oil enriched with a blend of powerful anti-aging extracts and rum with pure liquid Aruba Aloe Vera. Your feet are also treated and deliciously glazed with a warm honey wrap.

Aloe Vera Relaxation Massage

50/80 MIN

The best introduction to massage, this traditional full-body massage relieves muscular aches and pains combines with the powerful soothing local Aruba Aloe Vera. The perfect treatment to soothe after a day in the sun.

Azeta di Coco Massage

50/80 MIN

Ease up with this massage, which utilizes slow, localized movements in combination with warm coconut oil to heal the skin and relax tense muscles. A honey, aloe and papaya fruit serum is drizzled on the feet to conclude this treatment.

body

Aruba Ariba

80 MIN

Our signature resort cocktail is the inspiration for this treatment. A watermelon basil and organic vodka body polish is followed by a cranberry orange soak. The finale - a massage with a blend of olive fruit and grapeseed oils scented with clementine.

Sand and Sea

80 MIN

Starting off with an aromatic Citrine Beach whole milk soak infusion, velvety skin is brought to life! Followed by a citrus grass exfoliation containing fine sea salt and vitamin E. Enjoy a scented mask combining real banana and turmeric extract.

Coconut Scrub

25 MIN

Polish your skin to perfection with this coconut-oil infused brown sugar scrub that exfoliates and hydrates the skin for a perfect glow.

combination

Head to Toe Spa Retreat

Morning or Afternoon Spa Package

Plan a getaway from your vacation with a morning or afternoon retreat at the spa. Treat yourself to a head to toe holiday escape with this package:

- 25 min Coconut Scrub
- 80 min Massage of your choice
- 50 min Facial of your choice

Light lunch from Gilligan's is included with this package.*

**Lunch value: up to \$30.00 per person, alcoholic beverages not included.*

Tropical Delight

80 MIN

Delight your senses with a tropical journey of silky softness with a fine sugar crystal and shea butter and coconut water body polish. Become engulfed in creamy comfort with a divine marshmallow and sandalwood massage. Lastly a facial application and honey foot wrap will have you floating on air.

for couples

Build Your Own Couples Massage

50/80 MIN

Select the treatment that is right for each of you.

Choose from:

- Relaxation Massage
- Fitness Muscle Massage
- Aroma Massage
- Hot Stone Massage
- Aloe Vera Relaxation Massage

Couples Coconut Massage

50/80 MIN

Melt into pure bliss with our Kopari coconut massage. Organic Coconut Melt is worked into sore, tired muscles for a total body glow and leave your skin feeling silky smooth. Skilled therapists will tailor just the right pressure to your body's needs. We finish with an ultra-hydrating foot massage and cool towels leaving you refreshed and in coconut paradise.

ARUBA ALOE

Aruba Aloe creates products based on the nourishing Aloe Vera gel, a powerful plant that

is prominent in Aruba's heritage and culture, not to mention so unique in its countless benefits

particularly as a healing moisturizer for skin that has been over exposed to the Caribbean sunshine.



massage

Hypervolt Percussion Treatment

50/80MIN

Experience a percussion treatment, powered by the award winning Hypervolt, combined with fitness massage, to find relief and relaxation of tight muscles. The Hypervolt featuring Quiet Glide™ technology reduces muscle pain, increases your range of motion, and promotes healthy circulation throughout your body. This treatment will help you find relief from soft issue tension, and help you to move better.

Fitness Muscle Massage

50/80MIN

Go deeper to alleviate tension and muscular stress. Techniques target common areas of discomfort to create a powerful massage, perfect for a stiff neck, painful lower back or sore, tight shoulders.

Aruba Caribbean Massage

50/80MIN

This medium pressure massage helps to relieve stress, reduce pain, boost mood and promote relaxation.

Aroma Massage

50/80MIN

Breathe easy with this aromatherapy massage, which uses a blend of warm essential oils to address your specific needs.

Choose from :

Energizing (*lime, nectarine & green tea*)

Relaxing (*lavender, jasmine & iris*)

Balancing (*bergamot, vanilla & cedar wood*)

Shaping (*orange, mimosa & musk*)

Relaxation Massage

50/80MIN

The perfect introduction to massage, this full-body, light-pressure massage relieves muscular aches and pains with a variety of techniques, pressures and rhythmic movements.

Hot Stone Massage

50/80MIN

Enjoy this comforting and deeply relaxing massage that energetically balances mind and body. The heat of the stones relaxes your muscles and it soothes away tension.

Prenatal and Postnatal Massage

50/80MIN

Relax and revitalize with a deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. Add gentle back exfoliation if desired.

Please note: Prenatal massage is only performed for pregnancies of 12 weeks and up.

face

Moisturizing Facial

50/80MIN

This high-performance treatment repairs water imbalance in the skin. A thirst quenching mask and sensorial silk textured serums indulge your skin. Softness is restored and a more youthful appearance is visible.

Balancing Facial

50/80MIN

This refreshing facial using a blend of botanicals and peptides, will balance excessive oil helping to regulate the production. The result is minimized pores, reduced shine and a smooth healthy complexion.

Calming Facial

50/80MIN

This facial is designed for delicate, reactive skin. With nutrient rich ingredients it will minimize redness as it protects against free radical damage. It restores moisture and helps repair the natural protective barrier.

Purifying Facial

50/80MIN

For the treatment of oily, problematic, blemished skin, this facial uses concentrated formulas of salicylic and tea tree oil. Finished with a detoxifying clay mask, the multi-benefits include oil absorption and reduced impurities.

Vitalizing Facial

50/80MIN

A relaxing collagen mask and massage lifts, plumps and repairs skin. The cocoa extract creates an anti-blue light filter protecting skin from digital aging.

Men's Purifying Facial

50/80MIN

Cleanse, clarify and boost your energy with this facial customized to the needs of male skin. A relaxing facial massage relieves stress while advanced peptides and botanicals provide vitality and deep nourishment.

body

Beach Body Ritual

80MIN

Get Beach Ready with this treatment promoting a youthful appearance to the skin. The shaping scrub and massage oil with orange, mimosa and musk are ideal for a healthy complexion.

Aruba SeaScape

80MIN

Discover the Caribbean vibe with a relaxing salt scrub, scalp and body massage. Complete your escape by choosing your scent journey

Choose from:

Energizing (*lime, nectarine & green tea*)

Relaxing (*lavender, jasmine & iris*)

Balancing (*bergamot, vanilla & cedar wood*)

essentials
journey

BABOR

The BABOR product range offers a complete product and treatment package that complements our spa's unique service offering:

- Natural ingredients in high-tech, high-quality products that deliver results
- Luxurious treatments with visible effectiveness
- High-end skincare ranges to address all individual skincare needs from anti-aging to treating the most sensitives kin
- Massages, scrubs, and bath products with luxurious ingredients”



perfecting

your journey

eforea spa at Hilton Aruba Caribbean Resort & Casino is a place like no other where you will reconnect with self and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea spa are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.

head & face massage

Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

25MIN

shoulder, neck & scalp massage

Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

25MIN

feet massage

Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

25MIN

combo massage

Combine all of the above into one 80 minute treatment.

80MIN

upgrades and add-ons

upgrades

All upgrades are performed within the already scheduled treatment time.

body

Upgrade your treatment with:
Coconut Melt, Pure Aloe Vera or Babor Aroma Oil

Hand & Foot Treatment with Steaming Wrap
Choose from:
• Warm Agave Nectar Oil
• Marshmallow Melt
• Honey Heel Glaze

Marshmallow Melt Down Massage
Hands, feet, neck and shoulders receive a warm drizzle of melted Marshmallow Melt Balm.

Hot Stones
Usage of black hot stones during massage or body treatment.

Hypervolt Percussion
The Hypervolt featuring Quiet Glide™ technology reduces muscle pain, increases your range of motion, and promotes healthy circulation throughout your body.

face & hair

Babor Face Ampoule Application
Highly concentrated active serums in sterile glass ampoules for a wide range of skin needs with immediately visible effects.

Hair's To You
Warm Agave Nectar Oil hair and scalp treatment.

Sweet Sugar Lips
Sweet Sugar lip exfoliation and Lip Balm application.

add-ons

Add treatment time with one of the add-ons. The add-on will be performed outside of your already scheduled treatment time.

face

NuFACE Wrinkle Reducer*
15 MIN
Enhance your facial with anti-aging red light therapy and targeted microcurrent to naturally reduce the appearance of fine lines and wrinkles.

NuFACE Eye Lifter*
15 MIN
This targeted microcurrent treatment helps reduce puffiness and dark circles, and instantly lifts and contours the eye area to restore a more youthful appearance.

body

Back in Action
15 MIN
Seasonal back scrub treatment after massage. Gentlemen's favorite!

Coola
15 MIN
Sunscreen or after-sun application.

Coconut Banana Decolleté Treatment
15 MIN
Mighty Tightly Turmeric Banana mask on the neck and decollete' area followed by the application of Three milk ageless moisturizer with firming peptides and rounded off by Agave nectar oil to hydrate and nourish.

hand & foot

Hand & Foot Renewal
15 MIN
Dry brush followed by a Splendid Dirt mask and completed by a Shea Butter application.

Honey Glaze & Cream Foot Cocoon
15 MIN
Sea Salt Foot Scrub followed by Honey Heel Glaze moisture serum application and a steaming foot wrap.

*Can only be added to a facial treatment.

salon



hair

Cut, Shampoo & Blow-dry (short/long)

Shampoo & Blow-dry (short/long)

Women's Cut

Men's Cut

Children's Cut

nail

Gel Polish Pedicure

60MIN

Gel Polish Manicure

60MIN

Classic Spa Pedicure

50MIN

Classic Spa Manicure

45MIN

French Manicure

45MIN

Tweenies Manicure or Pedicure

25MIN

Gel Polish Removal

for hands or feet

20MIN

Polish Change

for hands or feet

15MIN

waxing

Bikini Line

Brow

Lip

Chin

FARMHOUSE FRESH

Create a full 5-star farm to treatment unique experiences that include signature, add-on and

seasonal treatments. Creating customized, memorable experiences for guests that truly

showcase the unique personality of our spa and region.



eforea spa at Hilton Aruba Caribbean Resort & Casino

SPA OPENING HOURS

Monday - Saturday	9:00am - 6:00pm
Sunday	9:00am - 5:00pm

J.E. Irausquin 81, Aruba

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SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our SPA reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card.

ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form and/or Health Questionnaire. We recommend you arrive up to 30 minutes in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

The spa will provide luxurious towels, robes and slippers and any amenities required for use during your spa visit.

SPA FACILITIES & ACCESS

The following spa facilities are available at eforea Spa: sauna, steam room, cold plunge pool, spa changing and indoor, outdoor relaxation areas.

GYM

A state-of-the-art gym equipped with 'True' cardio vascular and 'Nautilus' strength machines and free weights area. The Gym is available to hotel guests, members and day spa guests.

CHILDREN'S POLICY

We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration apart from manicures and pedicures taken in the Finishing Studio/Nail Studio. Please contact the eforea

reservations team for details on treatments available for our young guests. Access to the rest of the spa including the changing facilities, spa and heat experiences and gym are restricted to over 16's.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time. Late arrival will shorten your treatment time.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, Blackberry, pager, camera and smoke free zone.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

GIFT VOUCHERS

An ideal gift for someone special. Please contact the eforea reservations team for details.

PRICES

All prices are quoted in US dollar and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.

