Resort Experiences
SUMMER-FALL 2020
ADULT ACTIVITIES (AGES 16+)

**STAND UP PADDLE BOARDING**
Wednesdays and Fridays | 9:30am  
Meet at Activities Center  
Explore Aruba’s beautiful Palm Beach on top of a paddle board.  
*Advanced online registration required. Limited space available.*

**CYCLING TOUR TO CALIFORNIA LIGHTHOUSE**
Tuesdays and Thursdays | 9am  
Meet at Activities Center  
Take a scenic tour of Aruba’s coastline.  
Approximately 4 miles each way.  
*Advanced online registration required. Limited space available.*

**KAYAK**
Saturdays & Sundays | 9:30am  
Meet at Activities Center  
Join us for fun or for a bit of exercise on our 30-minute Kayak tour.  
*Advanced online registration required. Limited space available.*

**DIVE-IN MOVIE NIGHT**
Thursdays | 7pm-9pm  
South Pool Deck

**DIY ALOE SCRUB**
Daily | 9am -3pm  
eforea spa  
Personal DIY aloe scrub available daily between 9 am and 3 pm.  
*24 hours advance reservation required.*

**INSTA-FRIENDLY SPOTS**
Take a tour of the resort and discover our most insta-worthy spots. Hints: the waterfall, bird garden, hammocks around the pool and sunsets on the beach.

Activities are complimentary unless otherwise noted. For more information, please dial ext. 6598 or auahh_poolandbeachservices@hilton.com
CHILDREN’S ACTIVITIES (AGES 12 AND UNDER)

All activities are personal per family. Locations are designated or customized to your own palapa or cabana. The team is mobile and will come to your requested location.

Reservations are required 24 hours in advance.

CLICK HERE TO BOOK

PRIVATE BEACH SIDE S’MORES
Beach Aisle | $20 per family
Enjoy making s’mores with the family by the beach on our beach side fire pit. Parental supervision is required.

PRIVATE MAGICAL STARGAZING
eforea Beach | $20 per family
Watch the stars and learn about the galaxy during this personal stary experience. Parental supervision is required.

BLANKET FORT MAKING
Custom Locations | Complimentary
Using sanitized sheets, your kids will build a blanket fort with our fort experts. Parental supervision is required.

TORTUGA (TURTLE) CLASS
Custom Locations | Complimentary
In partnership with Tortugaruba one of our turtle experts will share interesting facts about the different turtles that live in the Aruban waters and hatch on our beaches. A great educational experience for the entire family. Your children will receive a nice turtle souvenir and information about donations to the local organization Tortugaruba that protects these amazing creatures is provided. Parental supervision is required.

CUPCAKE DECORATING
Custom Locations | $15 for 4 cupcakes
Your little ones will receive their personal cupcake kit to decorate their cupcakes.

RESORT HISTORY SCAVENGER HUNT
Various Locations | Complimentary
There is so much history to be found at this property. Learn some interesting facts about the architecture of this building during this fun scavenger hunt for the family. Parental supervision is required.

BEACH MARBLE RACE
Your own or a designated beach palapa
$15
Build your own marble race track with our race track experts and race as marbles through the sand. The winning family member wins a prize and you get to keep the marbles so you can keep on racing for the rest of the day. Parental supervision is required.

SLIME MAKING
Custom Locations | $15
This popular activity will keep your kids entertained and you don’t have to worry about the mess, we will take care of it. Protective disposable aprons will be provided. Parental supervision is required.

PLANT YOUR OWN ALOE
Beach Tennis Area | Complimentary
Kids get to plant their own mini aloe in our aloe garden. Our Aloe Master teaches them some fun facts about this amazing plant. Parental supervision is required.

Activities are complimentary unless otherwise noted. For more information, please dial ext. 6598 or auahh_poolandbeachservices@hilton.com
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<td>Mystical Flow GL</td>
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**CLASS LOCATIONS**
AC = Activities Center
FC = Fitness Center
GL = Grass Lawn
NP = North Pool
SL = ShocoLand Area

**INTENSITY LEVEL**
- High
- Moderate
- Low

**PERSONAL TRAINING**
One-on-one sessions for all levels. Multiple sessions pricing is available. 24 hours advance notification required.
Email auahh_eforea_aruba@hilton.com for more information

**PRIVATE FITNESS CLASSES**
For private classes up to 5 guests. Advance reservations are required.
For your convenience and safety we now have personal fitness rooms available. Reservations are required and can be made by clicking the link below.

**CLICK HERE TO BOOK**

The private fitness rooms options consist of your choice of one machine:
- Elliptical
- Treadmill
- Recumbent Bike

These items are available upon request:
- Yoga Mat
- Exercise Mat
- Jumping Rope
- AB Crunch
- Exercise Wheel
- Super Band
- Resistance Tubing
- Dumbells- 1 kg. and 2 kg.
- Bosu ball

These rooms can be reserved at 30 minute intervals for a fee of $10 and are disinfected after each use.
Double Kayak | $30/hour
Trek Mountain Bike | $35/4 hours
Cruiser Bike | $15/4 hours
Standup Paddle Board | $10/hour

Helmets and life jackets are available complimentary and mandatory to wear while using the equipment.

Rental equipment is available from 9 am to 3 pm and can be reserved at the poolside Activities Center.
A representative of the spa will take your order while you are sitting at the pool or beach. Menu items available from 9am to 4pm.

This sheer water- and sweat-resistant organic formula is packed with antioxidants and skin-nourishing ingredients, and absorbs quickly without feeling greasy.

- **Eco-Lux Body SPF 30 Organic Sunscreen Spray Piña Colada** $32
- **Eco-Lux Body SPF 30 Organic Sunscreen Spray Tropical Coconut** $32
- **Eco-Lux Body SPF 50 Organic Sunscreen Spray Guava Mango** $32

This water-resistant non-greasy cream infuses skin with antioxidants, vitamins and hydrating ingredients to keep it soft, smooth and shielded.

- **Sport SPF 50 Organic Sunscreen Lotion Guava Mango** $36
- **Sport SPF 50 Organic Sunscreen Lotion Unscented** $36

Your scalp and hair are vulnerable to sun damage every time you step outside. Part ways from burnt parts without weighing down your style. Protect these commonly overlooked areas.

- **Organic SPF 30 Scalp & Hair Mist** $28

And the final rose goes to... our Mineral Face SPF 30 Rosilliance BB+ Cream, which nourishes, protects and evens out the look of your skin with a few drops.

- **Mineral Face SPF 30 Rosilliance® Tinted Organic BB+ Cream Light/Medium** $55
- **Mineral Face SPF 30 Rosilliance® Tinted Organic BB+ Cream Golden** $55
- **Mineral Face SPF 30 Rosilliance® Tinted Organic BB+ Cream Medium/Deep** $55