



emerge  
brighter



## massage

### **Aloe Vera, Rum and Stone Massage**

**80MIN** \$255

Our signature massage combines hot black beach stones, agave nectar oil enriched with a blend of powerful anti-aging extracts and rum with pure liquid Aruba Aloe Vera. Your feet are also treated and deliciously glazed with a warm honey wrap.

### **Aloe Vera Relaxation Massage**

**50MIN** \$140 **80MIN** \$210

The best introduction to massage, this traditional full-body massage relieves muscular aches and pains combines with the powerful soothing local Aruba Aloe Vera. The perfect treatment to soothe after a day in the sun.

### **Azeta di Coco Massage**

**50MIN** \$140 **80MIN** \$210

Ease up with this massage, which utilizes slow, localized movements in combination with warm coconut oil to heal the skin and relax tense muscles. A honey, aloe and papaya fruit serum is drizzled on the feet to conclude this treatment.

## for couples

### **Build Your Own Couples Massage**

**50MIN** \$270 **80MIN** \$405

Select the treatment that is right for each of you.

Choose from:

- Relaxation Massage
- Fitness Muscle Massage
- Aroma Massage
- Hot Stone Massage
- Aloe Vera Relaxation Massage

### **Couples Coconut Massage**

**50MIN** \$255 **80MIN** \$380

Melt into pure bliss with our Kopari coconut massage. Organic Coconut Melt is worked into sore, tired muscles for a total body glow and leave your skin feeling silky smooth. Skilled therapists will tailor just the right pressure to your body's needs. We finish with an ultra-hydrating foot massage and cool towels leaving you refreshed and in coconut paradise.

### **ARUBA ALOE**

Aruba Aloe creates products based on the nourishing Aloe Vera gel, a powerful plant that

is prominent in Aruba's heritage and culture, not to mention so unique in its countless benefits

particularly as a healing moisturizer for skin that has been over exposed to the Caribbean sunshine.



# massage

## Hypervolt Percussion Treatment

50 MIN \$175 80 MIN \$260

Experience a percussion treatment, powered by the award winning Hypervolt, combined with fitness massage, to find relief and relaxation of tight muscles. The Hypervolt featuring Quiet Glide™ technology reduces muscle pain, increases your range of motion, and promotes healthy circulation throughout your body. This treatment will help you find relief from soft tissue tension, and help you to move better.

## Fitness Muscle Massage

50 MIN \$160 80 MIN \$240

Go deeper to alleviate tension and muscular stress. Techniques target common areas of discomfort to create a powerful massage, perfect for a stiff neck, painful lower back or sore, tight shoulders.

## Aruba Caribbean Massage

50 MIN \$150 80 MIN \$225

This medium pressure massage helps to relieve stress, reduce pain, boost mood and promote relaxation.

## Aroma Massage

50 MIN \$150 80 MIN \$225

Breathe easy with this aromatherapy massage, which uses a blend of warm essential oils to address your specific needs.

Choose from :

Energizing (*lime, nectarine & green tea*)

Relaxing (*lavender, jasmine & iris*)

Balancing (*bergamot, vanilla & cedar wood*)

Shaping (*orange, mimosa & musk*)

## Relaxation Massage

50 MIN \$140 80 MIN \$210

The perfect introduction to massage, this full-body, light-pressure massage relieves muscular aches and pains with a variety of techniques, pressures and rhythmic movements.

## Express Relaxation Massage

30 MIN \$70

The ideal massage if you are in a hurry and want to fit in another massage prior to your check-out. This is a mini-version of our Relaxation Massage.

## Hot Stone Massage

50 MIN \$140 80 MIN \$210

Enjoy this comforting and deeply relaxing massage that energetically balances mind and body. The heat of the stones relaxes your muscles and it soothes away tension.

## Prenatal and Postnatal Massage

50 MIN \$140 80 MIN \$210

Relax and revitalize with a deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. Add gentle back exfoliation if desired.

*Please note: Prenatal massage is only performed for pregnancies of 12 weeks and up.*

## BABOR

The BABOR product range offers a complete product and treatment package that complements our spa's unique service offering:

- Natural ingredients in high-tech, high-quality products that deliver results
- Luxurious treatments with visible effectiveness
- High-end skincare ranges to address all individual skincare needs from anti-aging to treating the most sensitives kin
- Massages, scrubs, and bath products with luxurious ingredients"

essentials  
journey



# perfecting

*your journey*

eforea spa at Hilton Aruba Caribbean Resort & Casino is a place like no other where you will reconnect with self and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea spa are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.

## journey enhancements

### **Shoulder, Neck & Scalp Massage**

Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

30 MIN \$70

### **Feet Massage**

Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

30 MIN \$70

### **Enhancement Combination Massage**

Combine the above into one 60 minute treatment.

60 MIN \$100

# upgrades and add-ons

## upgrades

All upgrades are performed within the already scheduled treatment time.

### body

**Upgrade your treatment with:**  
Coconut Melt, Pure Aloe Vera or Babor Aroma Oil  
\$15 Each

**Hand & Foot Treatment with Steaming Wrap** \$15  
Choose from:  
• Warm Agave Nectar Oil  
• Marshmallow Melt  
• Honey Heel Glaze

**Marshmallow Melt Down Massage** \$15  
Hands, feet, neck and shoulders receive a warm drizzle of melted Marshmallow Melt Balm.

**Hot Stones** \$15  
Usage of black hot stones during massage or body treatment.

**Hypervolt Percussion** \$15  
The Hypervolt featuring Quiet Glide™ technology reduces muscle pain, increases your range of motion, and promotes healthy circulation throughout your body.

## add-ons

Add treatment time with one of the add-ons. The add-on will be performed outside of your already scheduled treatment time.

### a la carte

**Spa Tapas**  
**60 MIN** \$100  
Combine your choice of 60 minutes of add-on treatments.

**Spa Longer**  
**30 MIN** \$50  
Enjoy your treatment just a little bit longer and add this on to any treatment.

**Meditation**  
**15 MIN** \$15  
Enjoy the spa a little longer and meditate in the spa relaxation area before or after your treatment.

### hand & foot

**Hand & Foot Renewal**  
**15 MIN** \$25  
Dry brush followed by a Shea Butter application.

**Hand & Foot Mud Treatment**  
**15 MIN** \$25  
Exfoliating hand or foot mud scrub followed by mud mask.

**Honey Glaze & Cream Foot Cocoon**  
**15 MIN** \$25  
Sea Salt Foot Scrub followed by Honey Heel Glaze moisture serum application and a steaming foot wrap.

**Hot Stone Foot Massage**  
**15 MIN** \$25  
A relaxing foot massage with hot stones.

### body

**Back in Action**  
**15 MIN** \$25  
Seasonal back scrub treatment after massage. Gentlemen's favorite!

**Coola**  
**15 MIN** \$25  
Sunscreen or after-sun application.

# salon



## hair

**Cut, Shampoo & Blow-dry (Long)** \$100 and up  
**Cut, Shampoo & Blow-dry (Short)** \$85

**Shampoo & Blow-dry (Long)** \$70  
**Shampoo & Blow-dry (Short)** \$55

**Women's Cut** \$50

**Men's Cut** \$40

**Children's Cut** \$30

## nail

**Gel Polish Pedicure**  
**60MIN** \$80

**Gel Polish Manicure**  
**60MIN** \$70

**Classic Spa Pedicure**  
**50MIN** \$65

**Classic Spa Manicure**  
**45MIN** \$50

**French Manicure**  
**45MIN** \$60

**Tweenies Manicure or Pedicure**  
**25MIN** \$30

**Gel Polish Removal**  
for hands or feet  
**20MIN** \$20

**Polish Change**  
for hands or feet  
**15MIN** \$20

### FARMHOUSE FRESH

Create a full 5-star farm to treatment unique experiences that include signature, add-on and

seasonal treatments. Creating customized, memorable experiences for guests that truly

showcase the unique personality of our spa and region.



#### POLICY CHANGES

At the Hilton Aruba Caribbean Resort & Casino, the health and safety of our guests and team members is our highest priority. Accordingly, in response to the National Public Health Emergency caused by the COVID-19 pandemic, and taking into account guidance from the CDC, WHO and other medical experts, the Hotel is taking multiple steps to ensure the safety and health of our employees, our guests, and the public at-large. Visit CleanStay to learn more about our industry leading hygiene practices.

As part of our response to this health emergency, we are requiring all spa guests to submit to a temperature check as a condition of entry to the spa. Given the close proximity between our guests and team members during spa treatments, we believe this is critical to prevent the spread of the virus. We also require our spa team members to submit to temperature checks and symptom screening before they enter the spa each day.

We have developed a protocol to minimize the information collected and shared as a part of this process. Additionally, we are applying the same safeguards to protect this information as we have in place for similar categories of data.

If you are exhibiting a fever or any of the symptoms consistent with COVID-19, the spa will decline to go forward with your scheduled appointment. You will be required to isolate in your guestroom and seek medical attention prior to accessing any other public areas in the hotel.

In addition, please note the following additional measures that are being taken to ensure your safety:

We have made our cleaning and hygiene protocols even more rigorous, including additional time between services for sanitation and the removal of all shared items.

We have taken additional measures to comply with physical distancing requirements, including the staggering of appointment times and spacing of seating areas.

Spa Team Members are required to wear a face mask and face shield at work in accordance with the Centers for Disease Control (CDC) and World Health Organization (WHO) guidelines.

Spa guests are required to wear face mask that will be provided at the spa.

The hydrotherapy facilities are closed at this time. We also do not offer waxing or facial treatments at this moment.

We ask that you wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer that has been provided in the spa.

Note: If the temperature reading is 100.4° F (37.8° C) or above, you are considered to have a fever for purposes of a COVID-19 assessment. In case of a positive result, you will be isolated and given an opportunity to cool down and a second measurement after approximately 10 minutes will be done.

#### SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our SPA reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card.

#### ARRIVAL TIME

To ensure social distancing in the spa we kindly ask you to arrive 15 minutes prior to your treatment and leave within 15 minutes after your treatment. We also kindly ask you to make use of the shower facility in your guestroom prior to coming to the spa as the Spa Locker Rooms are not currently available to ensure social distancing.

#### GYM

A state-of-the-art gym equipped with 'True' cardio vascular and 'Nautilus' strength machines and free weights area. The Gym is available to hotel guests, members and day spa guests.

#### CHILDREN'S POLICY

We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration apart from manicures and pedicures taken in the Finishing Studio/Nail Studio. Please contact the eforea reservations team for details on treatments available for our young guests. Access to the rest of the spa including the changing facilities, spa and heat experiences and gym are restricted to over 16's.

#### CANCELLATION POLICY

Due to the current situation, cancellations due to illness are honored. Any no-shows will incur a 100% charge. We kindly ask you to cancel at least 4 hours prior to your treatment. Late arrival will shorten your treatment time.

#### SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, camera and smoke free zone.

#### HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

#### PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

#### GIFT VOUCHERS

An ideal gift for someone special. Please contact the eforea reservations team for details.

#### PRICES

All prices are quoted in US dollar and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.

### **eforea spa at Hilton Aruba Caribbean Resort & Casino**

#### **SPA OPENING HOURS**

Monday - Sunday 9:00am - 6:00pm

J.E. Irausquin 81, Aruba

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